

Al-Anon Area 63, Spring 2024 — Saturday, May 18, 2024 **Business Meeting Minutes by Diane, Area Secretary**

Area World Service Committee			
Area Officers and Coordinators			
Position	Name	Term Begin	Term End
Delegate	Mari J.*	2022 Fall	2025 Fall
Alt Delegate	Carol*	2023 Spring	2025 Fall
Area Chair	Colleen K.	2022 Fall	2025 Fall
Outreach Coordinator			VACANT
Literature Coordinator*	Carol*	2022 Fall	2025 Fall
Archive Coordinator	Kate P		HOLDOVER
Area Treasurer	Tamiah	2023 Fall	2026 Fall
Group Records	Denise	2023 Fall	2026 Fall
Telecomm/Zoom Coordinator	Tiana	2023 Fall	2026 Fall
Alateen Coordinator	Stacie	2022 Fall	2024 Fall
Alateen Process	Terri	2024 Spring	2027 Spring
Area Secretary	Diane	2021 Fall	2024 Fall
Website Coordinator	Susie	2023 Spring	2024 Fall
District Reps			
Dist 1 (Interior)			
Dist 2 (Mat-Su Valley)			
Dist 3 (Anchorage vicinity)	Brent		
Dist 4 (Bush?)			
Dist 5 (Kenai)			
Dist 6 (Yakutat & Southeast)			
Past Delegates			
Terry T., Linette, Liesel			

8:30 a.m.: ZOOM ROOM OPENS

GR orientation and fellowship

9:00 a.m. — MEETING

INITIAL ITEMS

1. **Serenity Prayer**
2. **Readings**
 1. Steps
 2. Traditions
 3. Concepts

3. **Zoom introduction** overview of Zoom etiquette: Tiana
4. **Area Chair Welcome** Guidance on Area Assembly and Knowledge-Based Decision Making (KBDM): Colleen
5. **Al-Anon/Alateen Service Manual 2022-2025** (free on-line) — <https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/>
6. **Area World Service Committee (AWSC), GRs & other attendees — Introductions**
 1. AWSC, DRs, Past Delegates – Colleen, Chair; Mari, Delegate; Tamiah, Treasurer; Diane, Secretary; Stacie, Area Alateen; Carol T., Literature; Susie, Website Coordinator; Tiana, Tel/Zoom Coord; Denise R, Group Records Coord; Mari, Alateen Process Person.
 2. GRs – Carol T., Learning to Laugh; AJ, Sitka; Becky I, Higher Powered; Tiana, Foxhall Family; Terry T, Tuesday Noon Serenity (alt); Lois, Stepping Stones; Liesel, Easy Does It; Denise R, Brown Bag.; Heather, Northern Lights Recovery Group; Paul, Thursday Night Men's; Linette, CAYA (standing in).
 3. Others in attendance – Val, Fairbanks; Teresa.
7. **Volunteer Spiritual Timekeeper** appointed.

GR ATTENDANCE/GROUP REPORTS primarily as provided in the chat:

Stepping Stones; Lois lbrabson@yahoo.com; in-person and phone; 5-8 persons on average; 7th contributions share with group and quarterly donations from group; what I love: respectful listening.

Foxhall Family Al-Anon; Tiana T. GR, Foxhallalanongroup9072hotmail.com & personal @ FairwindServices@hotmail.com; meets hybrid at 7pm 2x a week, medium size group on Wednesday and new small group on Friday, 7th trad goes first to expenses and then splits to district account that supports the helpline, and also splits to Area and WSO. I love that we host an Alateen meeting side by side with the first Wednesday meeting of every month.

Sitka Thursday Noon; GR—> AJ ajp.snowball@gmail.com; ~5-8 persons usually; 7th Tradition contributions: we allocate w/ critical mass; what I love about Sitka Thursday noon: Our meetings follow topic, but segue (by sharing) into related CAL readings, providing a wonderfully broad experience.

Alanon Northern Lights Recovery Group, hybrid, Heather Nelson GR – meets 2x a week, at First Presbyterian Church in Wasilla alongside AA Meeting, Tuesday 7:30 and Thursday 7:00; medium; 7th Tradition in person, cash check, online credit card payment. I love the versatility of the meeting format/topic: sometimes steps, traditions, speakers, participation on topic, and Alanon approved literature or ***Big Book of Alcoholics Anonymous***.

Additionally, as verbally reported at Assembly:

Learning to Laugh, Hybrid; Monday nights; small group; donations to Area & WSO; made a donation to church for last night's activity, group gets along really well, and has few problems.

Live and Let Live in Fairbanks – some recovery there; well-run meeting; not enough bandwidth to participate in Area activities. May be another meeting to start soon.

A meeting in Seward and one in Eagle River that aren't ready yet to get involved in Area. Still working on keeping the doors open.

INITIAL ITEMS (cont'd)

1. Quorum Check – 10-11 GRs throughout votes.
2. Fall 2023 minutes approved.
3. Request for new business – Policies added.

AREA COORDINATORS' REPORTS

1. Outreach Coord., Unfilled position.
2. Literature Coord., Carol – Nothing to report. No distribution center, which is usually the main purpose of the position. Nothing has come up that concerns us. No electronic version of newest daily reader yet.
3. Archive Coordinator, Kate – not in attendance.
4. Group Records Coord., Denise – There are 20 active in person meetings and 11 electronic meetings, all of which are registered in Area 63. What is on the Alaska website reflects what shows up on the WSO directory. All electronic groups decided to stay in Alaska. Delta is the newest group. Another group in Kenai, District 5 in Alaska. Small groups in southeast. 2-5 people. Keeping the doors open. CAYA & Foxhall are hybrid. Denise considers meetings under 10 to be small. Lots of small meetings in Alaska. Electronic groups can choose to be part of the global electronics meetings or within Alaska. Hybrid groups are in the physical meeting platform, but their electronic information is noted. They are not listed as electronic. WSO is working on a way to cross reference the hybrid meetings per Mari.
5. Teleconference Coord., Tiana – Wonderful fellowship last night. Church room procured by Learning to Laugh in Palmer, provided a big screen & the sound and sight worked well. Lifelike interaction. Well-received.
6. Alateen Coordinator, Stacie – Going strong. Regular members and AMIAS attending. Working toward Alateens attending Washington Alateen convention. An AMIAS has offered to attend with them. Airline miles can be contributed for flying to Washington. Travel is their only expense. Handful of Alateen meetings through the app. Work in progress in making more meetings available. AMIAS training later in the summer. An AMIAS is in Dillingham this weekend with Alateen material.
7. Alateen Process, Mari – AMIAS are being re-certified in Alaska. On track to get all certified by the deadline.

8. Website Coordinator, Susie – Website is functioning again. Coordinated effort with Denise R. Current and accurate information is now on the website. Changes are made as soon as a request is received. Flyers for events are also promptly posted again. Archived assembly minutes may be achievable in the future through John, our website consultant/contractor. Update webpage to be more Alaska themed – John. Susie has received requests for information that she can answer, point to a source, or refer to another person.

TREASURER'S REPORT

1. Treasurer's Report – Through today. 63% through \$12,700; \$8,887 after prudent reserve ... See report.

DISTRICT REPORTS

1. Brent, District 3 Representative, is traveling. Brent emails: Everything is fine; not much else to report. Will have bus ads this summer.

10:30 a.m. FIFTEEN MINUTE BREAK

REPORT – Mari presented powerpoint, which she forwarded to all, along with other materials.

NORTHWEST REGIONAL DELEGATES MEETING – Carol's report from Northwest Regional Delegates Meeting, held in Sioux Falls, S.D. in March. Preparation for WSO. The next NW Delegates Meeting is to be held in **Alaska** in 2028. 😊

10:30 a.m. FIFTEEN MINUTE BREAK

OLD BUSINESS

1. The Phone Line (Task Force) – Linette met with just one other person, and reports questions as follows:
 - Who will coordinate phone number at Area level? Outreach coordinator.
 - Who will answer the calls? Volunteers from across the area.
 - How will we refer people to local districts? Volunteers could have phone list with contacts from each district.
 - What bandwidth is needed? Haven't chosen platform or company. A phone can be added to Area's Zoom account (I think).
 - What needs to be purchased? Depends upon the option chosen. Nothing is needed, or only a cell phone. District 3 is getting a phone line for their outreach purposes. Area and District 3 could share this, per Colleen. District 2 has a phone, per Heather.

- How will it interface with district phone numbers? Depends upon the option chosen.
- Volunteers? None requested yet since premature.
- Can a number be blocked? Depends upon the option chosen.
- Carry out, select & implement. But only 2 people participated, so did not carry out, select or implement. And no outreach coordinator yet.

This issue is to be re-visited at the Fall Assembly.

NOON LUNCH BREAK

12:30 SPEAKER PANEL

1:30 BUSINESS

2. Area Archives (Tabled Fall 2023 & Spring 2024): Policies and guidelines for position.

3. Policy for removal of trusted servants: Task Force: Mari (Chair), Susie, Carol & AJ. see accompanying email. Hope to get service position descriptions for all Area service positions. During discussion, minor changes were made to the proposed policy. Adoption of policy with minor changes, passes. Motion to create an Area task force to review & update Area policies and procedures in regards to Area officer and coordinator responsibilities passed. Task Force: Mari, Colleen, Terry, Susie, Carol (chair). They'll contact existing officers/coordinators to see what they're doing.

4. Area Quorum: in Fall 2023, the thought force recommended a policy which was adopted by motion: A quorum shall be 50% + 1 of all AI-Anon groups in Alaska *or* at least 10 GRs present, whichever number is lower. Does this need to be enrolled into our Area policies? Motion that we take this decision and include it in our current policies was passed. Diane will put the language reflecting our current quorum in the Area policies, which were updated in 2018.

NEW BUSINESS

1. Area Delegate: Does Area choose to have Mari (who is moving to Portland in the fall) finish the current panel and go to WSO next year, or have her step down? Motion that Mari continue as Area Delegate for the remainder of her term passed.
2. PRAASA: AA regional service conference, AI-Anon participated the last 30 years, Area is looking for coordinator, volunteers, to set up an AI-Anon portion of the meeting. (See letter). Motion to create committee to communicate and cooperate with PRAASA passed. Lois, Denise, Tiana (co-chair), Mari (co-chair). Alaska contact is Tandy.
3. Email: Static email addresses for service positions – didn't reach this issue.

- a. email accounts with electronic files (e.g, Gmail)
- b. “aliases” through area domain e.g., *southsideserenity@al-anon-ak.org*
- 4. Area Accounts: Policy on backup access for important accounts and services – didn’t reach this issue.
 - a. logins for electronic accounts
 - b. signers on bank accounts
- 5. Telecommunications coordinator/tech coordinator position
 - a. WSO recommendation for Technology Coordinator
 - b. Better delineation of duties among positions that interface with tech (which is all of them!). Tiana is the *Assembly* tech coordinator. A description of tech coordinator for Alaska Assemblies will be developed by the task force, who will contact people in the various service positions. The work was done on the description of this position about 3 years ago, per Linette, who worked on it with AJ and someone else. Motion to register Tiana as Tech Coordinator for Area 63 passed.
- 6. Native American Al-Anon Conference hosted by Oregon Area Al-Anon
 - a. Next conference will be in 2026. Possibility of supporting the NAAC Conference, possibly during Alaska Federation of Natives AFN Convention. Alaska may not have the resources to do this. Liesel will forward a document to us all to review. Re-visit this in the fall.
- 7. Communication: Did not discuss this issue.
 - a. how can we make sure area announcements get to meeting?
 - b. groups who want to receive certain emails but don’t have a GR
- 8. Policies to approve? Did not discuss.

~~~ 3:00 FIFTEEN MINUTE BREAK ~~~

## ELECTIONS

- 1. Outreach Coordinator - Vacant. Mari has been standing in, doing outreach work. Perhaps we could have an Outreach Committee instead right now. Mari (chair), AJ, Carol and Tamiah would join such committee. See <https://al-anon.org/pdf/G10.pdf>, for responsibilities.
- 2. Archive Coordinator - Kate P has continued to hold over; no one stood for position.
- 3. Terry - Alateen Process
- 4. Tamiah – Treasurer
- 5. Denise – Group Records Coordinator
- 6. Coming up Fall 2024
  - c. Area Secretary

- c. Website Coordinator (Susie took over a partial term and she *may* stand for this full one)

## **NEXT ASSEMBLIES**

8. Fall – 3rd weekend in September (September 20-21, 2024). Beginning on 3rd Fridays in May & September going forward.
9. District 3 has said it will host Fall 2024, TBD whether hybrid or in-person.
10. Road Trip: Al-Anon trustees come to your city and have their board meetings for a week, then they have a day where they talk to membership. The city has to have either a big infrastructure or very passionate volunteers. This may or may not be our Area. see accompanying email – TABLED.

Announce positions available or coming up:

Area Secretary, Website Coordinator (Susie took over a partial term and may decide to stand for this full one), Archive Coordinator, and anyone who wants to help with Outreach (contact Mari for this).

## **4:30 PM — ADJOURN & CLOSE WITH AL-ANON DECLARATION**

*Let it begin with me — When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there and let it begin with me.*