Al-Anon Area 63 Business Meeting Minutes — Saturday, Sep. 21, 2024

| AREA WORLD SERVICE COMMITTEE | | | |
|--|-------------|-------------|-----------|
| Area Officers and Coordinators (until elections held during meeting today) | | | |
| <u>Position</u> | <u>Name</u> | Term Begin | Term End |
| Delegate | Mari J. | 2022 Fall | 2025 Fall |
| Alt Delegate | Carol | 2023 Spring | 2025 Fall |
| Area Chair | Colleen | 2022 Fall | 2025 Fall |
| Outreach Coordinator | | | VACANT |
| Literature Coordinator* | Carol* | 2022 Fall | 2025 Fall |
| Archive Coordinator | Kate P | | HOLDOVER |
| Area Treasurer | Tamiah | 2023 Fall | 2026 Fall |
| Group Records | Denise | 2023 Fall | 2026 Fall |
| Telecomm/Zoom | | | |
| Coordinator | Tiana | 2023 Fall | 2026 Fall |
| Alateen Coordinator | Stacie | 2022 Fall | 2024 Fall |
| Alateen Process | Terry | 2023 Spring | 2024 Fall |
| Area Secretary | Diane | 2021 Fall | 2024 Fall |
| Website Coordinator | Susie | 2023 Spring | 2024 Fall |
| | | | |
| <u>District Reps</u> | | | |
| Dist 1 (Interior) | | | |
| Dist 2 (Mat-Su Valley) | | | |
| Dist 3 (Anchorage vicinity) | Brent | | |
| Dist 4 (Bush?) | | | |
| Dist 5 (Kenai) | | | |
| Dist 6 (Yakutat & Southeast) | | | |
| | | | |
| Past Delegates | | | |
| Linette, Liesel, Terry | | | |

8:30 AM: pre-meeting fellowship and questions (in-person and Zoom)

9:00 AM — BUSINESS MEETING

- 1. Serenity Prayer
- 2. Readings
 - 1. Steps
 - 2. Traditions
 - 3. Concepts
- 3. Zoom introduction overview of Zoom etiquette: Tiana
- 4. **Area Chair Welcome** Guidance on Area Assembly and Knowledge-Based Decision Making (KBDM): Colleen

- 5. Al-Anon/Alateen Service Manual 2022-2025 (free on-line) https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/.
- Area World Service Committee (AWSC), GRs & other attendees Introductions
 - AWSC (see above chart) including DRs and Past Delegates present are Colleen, Chair; Mari, Delegate; Tamiah, Treasurer; Diane, Secretary; Susie, Website Coordinator; Carol, Alt. Delegate & Literature Coord; Terry, Alateen Process Person & Past Delegate; Tiana, Telecomm/Zoom; Stacie, Alateen Coordinator; Denise, Group Records; Brent, 3rd District (Anchorage+) DR; and Linette & Liesel, Past Delegates.
 - 2. GRs present are Becky I, Higher Powered; Mike S, Juneau's Tuesday Noon Serenity; AJ, Sitka, sitkaalanon@gmail.com; Jen, CAYA (standing in); Carol T, Learning to Laugh; Heather N., ANLRG (Al-Anon Northern Lights Recovery Group); Linda S., Grace for Today; Liesel, Easy Does It; Denise, Brown Bag; Lois, Stepping Stones; Paul T., Men's Group; Tiana, Palmer Foxhall; Tamiah, Shoulder to Shoulder; Branwyn, Glacier Group.
 - 3. Others in attendance: none.
- 7. Volunteer Spiritual Timekeeper Linette

9:30 AM —

- 1. **Quorum Check** As of Fall 2023: A quorum shall be 50% + 1 of all Al-Anon groups in Alaska, as determined by the Group Records coordinator, *or* at least 10 GRs present, whichever number is lower. 12 GRs, so we have a quorum.
- 2. Approval of Spring 2024 minutes moved & approved.
- 3. **Request for new business** Mari has announcements from World; Thought force re LDC (Literature Distribution Center); a meeting to invite people to attend.

AREA COORDINATORS' REPORTS

1. Outreach Committee: AJ (member of committee) – met 3 times; Mari sent the members WSO guidelines before the first meeting. All shared about what they'd done to promote Al-Anon in their Alaskan communities. Rebecca, from District 3, listed what she has done for the district, including radio ads, bus ads, and outreach to professionals. Each person said what they'd be comfortable doing. Literature – central location is useful, because it's nice to have to hand out to professionals. Grocery cart ads on front of carts has been suggested. Alaska website works well, but they'd like to have it out there for people who aren't looking. Buses are mostly for tourists in SE, so those ads work in certain areas (such as Anchorage), and not others. Mari (another member) – a member is stepping down but another person is interested in coming on board. Bus ads in Anchorage can also reach people around the state who come to Anchorage. Another idea is buying Forums for nonprofits, etc. Reaching out to our groups to see if people are interested in distributing literature in their communities. Coordinate with the Alateen coordinator. More people are welcome on the committee. If someone wants to become the Area Coordinator, the committee

- will continue to exist and help that person. There are lots of resources and people willing to help.
- 2. Literature Coord.: Carol New materials. New Alateen bookmark, "Just for Tonight," is 25 cents; Healing in Alcoholic Relationships available Oct 1st; A Little Time for Myself is now in its 3rd printing, & costs \$17. When we get literature from Amazon, it hurts WSO by reducing WSO's sales. But WSO charges \$10 to ship anything up to \$100. Above \$100 10% of price of materials. WSO is seeking writings. Now looking for sponsorship writings.
- 3. Archive Coord.: No coordinator. Kate has stepped down but is housing the materials in her home for now. Mari attends WSO coordinator meetings and can provide information. The area coordinator gets access to that information.
- 4. Group Records Coord.: Denise works with Susie, the website coordinator. Al-Anon meetings only are covered by Denise, not Alateen. It works best if people contact Denise directly instead of going through the WSO website electronically to make changes. After a couple of weeks, people go back to check both sites to see if everything is clear on both the WSO & Alaska's websites.
- 5. Teleconference Coord.: Tiana The Chair lent 2 cords so there's charging capability. Not necessary to use the projector yet. New freshly labeled tote. Could use 2-3 more USBC cords.
- 6. Alateen Coordinator: Stacy As per usual, AMIAS are needed. Training next month with information out soon. Numbers dropped over the summer. She's talked to some teens about outreach at schools, reaching out to school counselors. Valley meeting has struggled to attain members, so down to 1 meeting a week. Tuesday night meeting no longer has 8-9 members, but attendance is down.
- 7. Alateen Process Person (AAPP): Terry Got AMIAS certified on time, totaling 11. Only 2 are in Wasilla. Need more there. Need 2 AMIAS per Alateen meeting. Application & certification steps are simple.
- 8. Website Coordinator: meeting changes and flyers for events are coming in regularly. Spoke with John Schultz gave estimate of what it would cost to change the picture to look Alaskan. And for additional pages for more information. \$25 per hour. 4-10 hours total, and some of that could be training for Susie to do it.

TREASURER'S REPORT

1. Treasurer's Report by Tamiah. As of September 9th, Area has received 70% of its forecasted income. \$2428.36, and we've probably received about \$500 since then. Spent 32% of budgeted expenses. \$4,000+. See report for specifics. 30% that we didn't get were contributions expected from historic experience from District 3. We still have a fair amount of \$ in the bank. District 3 is behind in its payments, but someone from the District said that the money is coming.

DISTRICT REPORTS

1. District 3, Brent – Rebecca has done a great job with bus ads and radio ads, and Brent has passed along AJ's suggestion about grocery cart ads. District 3 took a break from May on. Quorums are happening with each group sending someone

to the district meetings (8 meetings per year). Brent's term ends in May, so this is his last Area Meeting as District Rep.

2. Other Districts

GR ATTENDANCE/GROUP REPORTS 1 minutes each – on separate pages

- 1. GROUP NAME:
- 2. GROUP REP NAME (and email if you have a new one)
- 3. MEETING METHOD (in-person, Zoom, hybrid, phone)
- 4. MEETING SIZE (small, medium, large)
- 5. 7th TRADITION
- 6. WHAT IS ONE THING YOU LOVE ABOUT YOUR MEETING?

ELECTIONS/RE-ELECTIONS

- 1. Secretary Branwyn! 😊
- 2. Outreach Coordinator AJ!
- 3. Archive Coordinator Lois! 00
- 4. Alateen Coordinator No one offered to stand for election. Stacie is willing to continue to serve in the interim.
- 5. Alateen Process Person Terry! ©
- 6. Website Coordinator Susie 😊

BUDGET

- 1. Annual Budget Sent out to all. Separate report.
- 2. Item 1 is WSC expense for the Delegate full amount. Equalized amount is also shown. The amount is the amount sent to us from WSO. Line 2 shows extra travel expenses. Equalized amount tries to equalize the amount needed for different delegates to attend from different areas around the country. Extra \$450 for Alaska because it takes so long to travel. This covers an extra day at a hotel at the beginning. Travel, housing, and food are included. We are currently budgeted to pay the full amount for WSC travel. We paid the full amount last year.
- 3. Denise would like to add an expense for people from Alateen to go to Alaska outreach events around the state. Linette \$5,000 in budget for outreach which may include travel to events if people are representing Alateen or Al-Anon. Susie won't be using her \$250 travel expenses to travel to Area. There are currently funds for trusted servants to attend Area Assembly. If no funds are needed by a trusted servant, the treasurer can zero that item out, and it can be added to another item.
- 4. Line item 13, Assembly registration. No registration fee for the Assembly this fall.
- 5. 14,027.41 expenses now, given newly-elected trusted servants.
- 6. Budget approved with changes made during meeting.

NOON LUNCH BREAK Al-Anon Declaration

OLD BUSINESS

1. Thought Force on Area Phone Line

- a. Mari Received information from various people. GCI communication ended without a particular offer. Rebecca wrote a summary. Mary also has a summary and would like to come to a decision about follow-through. There may be a simple solution by using the established phone line that Alateen has been using. It's not that expensive. In the past, District 3 had a service (now called Al-Anon Information Services for Areas), which encompassed our bookstore & phone. People volunteered for the phone line and to sell books at the bookstore. \$540 per year for voicemail & outgoing calls option, per Sarah(?). Money is in the budget in both Area & District 3 for a phone.
- b. Linette In the past, District 3 had a phone. Money is in the budget for outreach. The thought was that if we're going to have ads on buses, we could put a phone number on the ad in addition to the website. (Stacie volunteered to work on the Outreach Committee). The GCI call-in service does not require a physical phone, but it can be a number that can be forwarded to volunteers.
- c. Denise Alateen is willing to have their number become a number for both Al-Anon & Alateen in Area 63.
- d. Motion Al-Anon Area 63 adopts the Area Alateen track phone number as the Al-Anon Area phone number: (907) 227-5742. MOTION PASSED.
- 7. Area Service Position Descriptions. Area task force is to review & update Area policies and procedures in regard to Area officer and coordinator responsibilities, with input from current officers/coordinators to see what they do. Task Force: Carol (chair), Mari, Terry, Susie. The task force will send out what they've written in advance of the Spring Assembly. There will be duties in addition to what's specified in the Service Manual, with links to the applicable parts of the Manual. Any special qualifications will be listed. Carol is stepping down. Item TABLED.
- 8. **PRAASA** (Pacific Region AA Service Assembly), AA regional service conference, March 7-9, 2025. Al-Anon participated over the last 30 years. Committee to set up an Al-Anon portion of the meeting: Tiana (co-chair), Mari (co-chair), Lois, Denise. Alaska contact is Tandy. Mari October 1st is the next planning meeting, and Mari plans to attend.
- 9. **Static Emails**. Suggestion that we use static email addresses for service positions that indicate the service position you are in.
- 10. Backup Access to Area Financial and Electronic Accounts. Policy on backup access for important accounts and services. Currently, previous treasurers and Colleen, Area Chair, are on the accounts. Al-Anon also has people on the account with whom we're no longer in contact, and we must find them to remove them. Also, there were some on-line logins and there was difficulty recovering them from a person previously in service. Branwyn is willing to chair a thought

force designed to bring ideas about addressing these issues to the spring assembly. Tamiah is willing to be on the thought force. MOTION PASSED.

- 11. Native American Al-Anon Conference. Native American Al-Anon Conference hosted by Oregon Area Al-Anon. Next conference will be in 2026. Possibility of supporting the NAAC Conference, possibly during Alaska Federation of Natives AFN Convention. Would need a committee with a 4-year commitment, 2026-29. TABLED, for later updates from people (such as Mari) who may be able to attend in Oregon.
- 12. Road Trip (Al-Anon WSO Trustees). Al-Anon trustees come to your city and have their board meetings for a week, then they have a day where they talk to membership. The city must have either a big infrastructure or very passionate volunteers. This may or may not be our Area. Deadline has passed or is soon. TABLED until spring.
- 13. Communication among the groups and service arms in Alaska. How can we bring us all together? TABLED.

NEW BUSINESS

- 1. Area Literature at Assembly (Carol). Groups would order CAL through literature coordinator at the assembly (or by a set date), and plan to receive it at the following assembly. This would be a way for groups to get literature that is cheaper and more efficient. Carol is willing to do it for next fall's assembly. Money will be collected before the order is placed. Tamiah there's an LDC account with the Anchorage District that provides for cheaper ordering. District 3 groups may use that account. TABLED.
- 2. **Literature Distribution Center?** Mari is willing to chair a thought force on an LDC. AJ will be on it. MOTION creating thought force PASSED.
- 3. Mari just got a message about an AIS meeting that is open to any member. But they must go through Mari, to get signed up for the meeting. Contact Mari (907) 230-8084. Text her if you're interested. 2 pm Alaska time on Wednesday.
- 4. Review of Next Assembly Dates.
 - a. Assemblies begin on the third Fridays in May & September: May 16-17, 2025; September 19-20, 2025.
 - b. Spring Assembly = 100% electronic and planned by Area. Linette will try to get a committee together for that assembly. GRs need to ask people in their groups if they're willing to be on the committee. Who will host 2025 the hybrid Fall Assembly? Hopefully Anchorage but we cannot presume.

4:15 PM —ANNOUNCEMENTS TO BE MADE AT MEETINGS on separate page

4:30 PM — Adjourned & Closed with Al-Anon Declaration