

AL-ANON/ALATEEN

Meetings in Anchorage & Eagle River

Updated May, 2018

Al-Anon: 907-276-6646 & Alateen: 907-227-5742

www.al-anon-ak.org

Al-Anon & Alateen Family Groups

are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope with one another, in order to solve their common problems and help others do the same. The only requirement for membership is that there be a relative or friend with a drinking problem. There are no dues or fees for membership.

Most meetings are open. All welcome. No smoking.

Meetings are one hour long unless specified.

I CLOSED meetings

Handicap accessible

* AA meeting at same location and time

Alateen: Ages 7-19, younger depending on maturity.

MONDAY

Noon #Brown Bag

Anchorage Lutheran Church, 1420 N St.

7 pm #**Southside Serenity - Gloria Dei Lutheran Church

8427 Jewel Lake (84th & Jewel Lake)

7 pm #**Courage to Be Me Alateen

Gloria Dei Lutheran Church

8427 Jewel Lake (84th & Jewel Lake)

8 pm #**Keep It Simple - Holy Spirit Episcopal Church

17545 N Eagle River Loop Rd, Eagle River

Speaker mtgs: 1st Monday of March, June, Sept. & Dec.

Steps & Traditions

TUESDAY

Noon #Brown Bag - See Monday

6:30 pm #Newcomer's meeting - Our Lady of Guadalupe

3900 Wisconsin St.

7 pm #One Day at a Time - Our Lady of Guadalupe

3900 Wisconsin St.

7 pm #Tuesday Night Alateen

Our Lady of Guadalupe, 3900 Wisconsin St.

WEDNESDAY

Noon #Brown Bag - See Monday

7 pm #Southside Empowered!

Gloria Dei Lutheran Church

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THURSDAY	
Noon	#Brown Bag - See Monday
7 pm	#Thursday Night Men's Meeting 12*100 Coffee & Communitas 12100 Old Seward Hwy. (North of Huffman)
7 pm	#Grace for Today St. Elizabeth Ann Seton Catholic Church, 2901 Huffman Rd.
8 pm	**Keep It Simple - See Monday (Eagle River)

FRIDAY	
Noon	#Brown Bag - See Monday
5:30 pm	**Progress Not Perfection First Covenant Church, 1145 C St. (C & 12th)
5:30 pm	*Together We Can Make It Alateen First Covenant Church, 1145 C St. (C & 12th) (13-19 year olds only)
7:30 pm	*Shoulder to Shoulder Christian Church of Anchorage 10800 Lake Otis Pkwy. (Walk up ramp.)

SATURDAY	
9 am	#Come As You Are - First United Methodist Church 725 W 9th Ave., 9th & G St. (Enter from parking lot.)
7 pm	#Back To Basics - Anchorage Dry Dock 8141 Briarwood St. (Serenity meeting room)
8 pm	**Keep It Simple - See Monday (Eagle River)

SUNDAY	
10:30-	#Higher Powered Group
Noon	AK Regional Hospital, Medical Plaza 1200 Airport Heights, Auditorium on Mezzanine level
Doors lock at 10:45. Call the tel# on the Al-Anon door sign.	
6 pm	#Easy Does It - St. Mary's Episcopal Church 2222 E. Tudor (Lake Otis & Tudor), Pillsbury Hall
The Al-Anon/Alateen Book Store 4105 Turnagain Blvd., Ste. D1 Open Saturdays 12:30-3 pm.	

Intergroup/District 3 Business Meeting 2nd Saturday of the month; 10:30 am at the bookstore. All members welcome.	
KEEP COMING BACK!	

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