

AL-ANON/ALATEEN: Meetings in Anchorage & Eagle River

Al-Anon: 907-276-6646 Alateen: 907-227-5742 www.al-anon-ak.org Updated August, 2018

Al-Anon & Alateen Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope with one another, in order to solve their common problems and help others do the same. The only requirement for membership is that there be a relative or friend with a drinking problem. There are no dues or fees for membership.

Most meetings are open. All welcome. No smoking. Meetings are one hour long unless specified.

! CLOSED meetings # Handicap accessible * AA meeting at same location and time **Alateen: Ages 7-19**

MONDAY

Noon #Brown Bag

Anchorage Lutheran Church, 1420 N St.

7 pm #*Southside Serenity - Gloria Dei Lutheran Church
8427 Jewel Lake (84th & Jewel Lake)

7 pm #*Courage to Be Me **Alateen**
Gloria Dei Lutheran Church
8427 Jewel Lake (84th & Jewel Lake)

8 pm #*Keep It Simple - Holy Spirit Episcopal Church
17545 N Eagle River Loop Rd, Eagle River
Speaker mtgs: 1st Monday of March, June, Sept. & Dec.
Steps & Traditions

TUESDAY

Noon #Brown Bag - See Monday

7 pm #One Day at a Time - Our Lady of Guadalupe
3900 Wisconsin St.

7 pm #Tuesday Night **Alateen**
Our Lady of Guadalupe, 3900 Wisconsin St.

8 pm #*Keep It Simple - Holy Spirit Episcopal Church
17545 N Eagle River Loop Rd, Eagle River
Speaker mtgs: 1st Monday of March, June, Sept. & Dec.
Steps & Traditions

WEDNESDAY

Noon #Brown Bag - See Monday

7 pm #Southside Empowered!
Gloria Dei Lutheran Church
8427 Jewel Lake (84th & Jewel Lake)

The Al-Anon/Alateen Book Store

4105 Turnagain Blvd., Ste. D1. Open Saturdays 12:30-3 pm.

Intergroup/District 3 Business Meeting

2nd Saturday of the month. 10:30 am-noon at the bookstore. All members welcome.

KEEP COMING BACK!

THURSDAY

Noon #Brown Bag - See Monday

7 pm #Thursday Night Men's Meeting
12*100 Coffee & Communitas
12100 Old Seward Hwy. (North of Huffman)

7 pm #Grace for Today
St. Elizabeth Ann Seton Catholic Church
2901 Huffman Rd.6

8 pm #*Keep It Simple - See Monday (Eagle River)

FRIDAY

Noon #Brown Bag - See Monday

5:30 pm #*Progress Not Perfection
First Covenant Church, 1145 C St. (C & 12th)

5:30 pm #*Together We Can Make It **Alateen**
First Covenant Church, 1145 C St. (C & 12th)
(13-19 year olds only)

7:30 pm #*Shoulder to Shoulder
Christian Church of Anchorage
10800 Lake Otis Pkwy. (Walk up ramp.)

SATURDAY

9 am #Come As You Are - First United Methodist
Church 725 W 9th Ave., 9th & G St. (Enter from parking lot.)

7 pm #Back To Basics - Anchorage Dry Dock
8141 Briarwood St. (Serenity meeting room)

8 pm #*Keep It Simple - See Monday (Eagle River)

SUNDAY

10:30- #Higher Powered Group

Noon AK Regional Hospital, Medical Plaza
1200 Airport Heights, Auditorium on Mezzanine level
Doors lock at 10:45. Call the tel# on the Al-Anon door sign.

6 pm #Easy Does It - St. Mary's Episcopal Church
2222 E. Tudor (Lake Otis & Tudor), Pillsbury Hall