

AL-ANON/ALATEEN

Meetings in Anchorage & Eagle River

Updated December, 2016

Al-Anon: 907-276-6646 & Alateen: 907-227-5742

www.al-anon-ak.org

Al-Anon & Alateen Family Groups

are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope with one another, in order to solve their common problems and help others do the same. The only requirement for membership is that there be a relative or friend with a drinking problem. There are no dues or fees for membership.

Most meetings are open. All welcome. No smoking.

Meetings are one hour long unless specified.

! CLOSED meetings

Handicap accessible

*** AA meeting at same location and time**

Alateen: Ages 13-19, younger depending on maturity.

MONDAY

Noon #Brown Bag

Anchorage Lutheran Church, 1420 N St.

7 pm ##*Southside Serenity - Gloria Dei Lutheran Church

8427 Jewel Lake (84th & Jewel Lake)

7 pm !##*Courage to Be Me Alateen

Gloria Dei Lutheran Church

8427 Jewel Lake (84th & Jewel Lake)

8 pm ##*Keep It Simple - Presbyterian Church

12836 Old Glenn Hwy., Eagle River

Speaker mtgs: 1st Monday of March, June, Sept. & Dec.

Steps & Traditions

TUESDAY

Noon #Brown Bag - See Monday

6:30 pm Newcomer's meeting - Our Lady of Guadalupe

3900 Wisconsin St.

7 pm #One Day at a Time - Our Lady of Guadalupe

3900 Wisconsin St.

7 pm !#Tuesday Night Alateen

Our Lady of Guadalupe, 3900 Wisconsin St.

WEDNESDAY

Noon #Brown Bag - See Monday

Noon #Here We Are - AK Native Primary Care Center

Conf. Rm. 2127, 4320 Diplomacy Dr.

To phone into mtg: (563) 999-2090; code 706-034#

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THURSDAY

Noon #Brown Bag - See Monday
7 pm #Thursday Night Men's Meeting
12100 Coffee & Community
12100 Old Seward Hwy. (North of Huffman)
7 pm #Grace for Today
St. Elizabeth Ann Seton Catholic Church
2901 Huffman Road
8 pm ##*Keep It Simple - See Monday (Eagle River)

FRIDAY

Noon #Brown Bag - See Monday
5:30 pm *Progress Not Perfection
First Covenant Church, 1145 C St. (C & 12th)

SATURDAY

9 am #Come As You Are
First United Methodist Church
9th & G St. (Enter from parking lot.)
8 pm ##*Keep It Simple - See Monday (Eagle River)

SUNDAY

10:30- #Higher Powered Group
Noon AK Regional Hospital, Medical Plaza
1200 Airport Heights, Auditorium on Mezzanine level
6 pm #Easy Does It - St. Mary's Episcopal Church
2222 E. Tudor (Lake Otis & Tudor), Pillsbury Hall

The Al-Anon/Alateen Book Store

4105 Turnagain Blvd., Ste. D1
Open Wednesdays 5:30-7 pm &
Saturdays 12:30-3 pm

Intergroup/District 3 Business Meeting

2nd Saturday of the month;
10:30 am at the bookstore.
All members welcome.

KEEP COMING BACK!

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